

Bringing people together, even when they can't be.

Implementing these best practices into your next virtual meeting can greatly improve its effectiveness and enhance the overall experience.

## WHEN PLANNING:

- Be time-efficient. Streamline your meeting by compressing your agenda to fit within a 4-hour or less timeframe.
- It's preferred to use video conferencing but also provide an audio dial-in option as a back up for anyone that might have internet challenges.
- Have a backup plan in case of audio/video connection issues or other technical difficulties that might arise.

### WHEN ATTENDING:

- Test the technology ahead of time so that you aren't joining your meeting late.
- Use the chat window to ask questions and engage with the presenter.
- Turn off any distractions and close any unnecessary screens.

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### WHEN PRESENTING:

Have the ri	ght	equipment	a n d	know	how	t o	use	t h e
technology properly.								

- Dress for success. Be mindful that what you choose your wear might interfere with your microphone or your green screen.
- Practice and practice again. Rehearse so that you are well prepared to deliver your presentation.
- Don't forget to run through a technical rehearsal.
- Review housekeeping information with attendees prior to the virtual meeting presentations to ensure that your attendees are comfortable submitting or asking questions and understand where to access all support documents.
- Make your presentation engaging this is key to a successful virtual experience. Virtual meetings should include a lot of discussions.
- Screen share so that your attendees can follow along. Keep your presentations concise and on point.

#### WHEN ON CAMERA:

- Check your lighting. Natural lighting is best with windows facing you to illuminate your face.
- Give eye contact to your camera and look into it when speaking. Your camera should be placed at eye level.

- Frame yourself in the camera view so that your head and top of your shoulders are prominent in the screen.
- Be aware of your background. Make sure your background is simple and uncluttered or consider using a green screen.
- Minimize distractions. Close any open screens that might distract your attention from the virtual meeting.
- Raise your voice one notch higher so that you can be heard clearly through the external or internal microphone. This helps you feel more confident while speaking and helps keep a slower pace.
- Mute your microphone when you are not speaking. And unmute only when you speak to ensure no noise distractions during presentations.
- If you need to step away from your desk for a moment make sure that you turn off your camera and, of course, mute your microphone.

